

ACTIVITY CALENDAR

JULY 2011

1 - Friday

8:45am - Exercise Class I
9:35am - Exercise Class II
1:30pm - OASIS Discussion Group
*"Technology Today & It's Impact
On Daily Life "*
7:00pm - Video Movie

2 - Saturday

6:30pm - BINGO

3 - Sunday

3:00pm - Sunday School Class

4 - Monday

Happy Fourth of July

5 - Tuesday

8:45am - Arthritis Water Aerobics
9:30am - Shop Wal-Mart/Target/Mall
9:30am - Rosary
10:00am - Catholic Communion
10:30am - Tai Chi
12:30pm - Shop Wal-Mart/Target
1:30pm - JOY Choir

6 - Wednesday

8:45am - Exercise Class I
9:30am - Gambrill Gardens Quilters
9:35am - Exercise Class II
10:00am - Computer Class
10:30am - Intercessory Prayer
1:00pm - Gambrill Gardens Quilters
1:00pm - Shop Kohl's
1:30pm - Wii Wellness Games &
Brain Fitness Fun
2:30pm - Grief Share Support Group

7 - Thursday

8:45am - Arthritis Water Aerobics
9:30am - First Thursday Coffee
9:45am - Shop Clayton
10:30am - Bible Study - Chapel 3
1:00pm - Painting Class
1:00pm - Shop Clayton
2:15pm - Tai Chi
**7:00pm - Entertainment w/Italian
Community Band ~ IL Cuartetto**

8 - Friday

8:45am - Exercise Class I
9:35am - Exercise Class II
11:00am - Lunch at The Corner Bar
7:00pm - Video Movie

9 - Saturday

6:30pm - BINGO

10 - Sunday

3:00pm - Sunday School Class

11 - Monday

8:45am - Exercise Class I
9:35am - Exercise Class II
10:00am - Mobile Farmers/Produce Market
10:00am - Shop Manchester Road
10:30am - Worship Service to be announced
1:00pm - Shop Manchester Road
1:00pm - Crafts with Wendy
2:30pm - Shop Aldi's
7:00pm - Sing-A-Long w/Linda

12 - Tuesday

8:45am - Arthritis Water Aerobics
9:30am - Shop Wal-Mart/Target/Mall
9:30am - Rosary
10:00am - Catholic Communion
10:30am - Tai Chi
12:30pm - Shop Wal-Mart/Target
1:30pm - JOY Choir

13 - Wednesday

8:45am - Exercise Class I
9:30am - Gambrill Gardens Quilters
**9:30am - Brunch at Cracker Barrel &
Scenic Drive**
10:00am - Computer Class
10:30am - Intercessory Prayer
12:30pm - GG Bridge Group
1:00pm - Gambrill Gardens Quilters
1:30pm - Wii Wellness Games &
Brain Fitness Fun
2:30pm - Grief Share Support Group
BBQ DINNER MEAL
**7:00pm - Entertainment w/
The Jeff Stewart Singers**

14 - Thursday

8:45am - Arthritis Water Aerobics
9:45am - Shop Clayton
10:30am - Bible Study - Chapel 3
1:00pm - Painting Class
1:00pm - Shop Trader Joe's
2:15pm - Tai Chi

15 - Friday

8:45am - Exercise Class I
9:35am - Exercise Class II
10:30am - Worship & Lutheran
Communion Service
7:00pm - Video Movie

16 - Saturday

6:30pm - BINGO

17 - Sunday

3:00pm - Sunday School Class

Continued on back!

The Gambrill Gardens
Service Calendar
is posted in the main lobby!

18 - Monday

8:45am - Exercise Class I
 9:35am - Exercise Class II
 10:00am - Shop Manchester Road
10:00am - Mobile Farmers/Produce Market
 10:30am - Worship Service w/
 Rev. Royal Gunter
 1:00pm - Shop Manchester Road
1:00pm - Crafts with Wendy
 2:30pm - Shop Aldi's
 2:30pm - "Bookends" Book
 Club Meeting

19 - Tuesday

8:45am - Arthritis Water Aerobics
 9:30am - Shop Wal-Mart/Target/Mall
 9:30am - Rosary
 10:00am - Catholic Mass
 10:30am - Tai Chi
 12:30pm - Shop Wal-Mart/Target
 1:30pm - JOY Choir

20 - Wednesday

8:45am - Exercise Class I
 9:30am - Gambriell Gardens Quilters
 9:35am - Exercise Class II
 10:00am - Computer Class
 10:30am - Intercessory Prayer
 1:30pm - Wii Wellness Games &
 Brain Fitness Fun
 2:30pm - Grief Share Support Group
7:00pm - Resident Association Meeting

21 - Thursday

8:45am - Arthritis Water Aerobics
 9:45am - Shop Clayton
 10:30am - Bible Study – Chapel 3
1:00pm - Painting Class
 1:00pm - Shop Clayton
 2:15pm - Tai Chi

22 - Friday

8:45am - Exercise Class I
 9:35am - Exercise Class II
 10:30am - Open Communion
10:30am - Lunch at Yellowstone Cafe
7:00pm - Video Movie

23 - Saturday

6:30pm - BINGO

24 - Sunday

3:00pm - Sunday School Class

25 - Monday

8:45am - Exercise Class I
 9:35am - Exercise Class II
 10:00am - Shop Manchester Road
10:00am - Mobile Farmers/Produce Market
 10:30am - Worship Service w/
 Pastor Phil Hunter
 West County Community Church
 1:00pm - Shop Manchester Road
1:00pm - Dance Class with Wendy
2:00pm - Self-Help Center
 2:30pm - Shop Aldi's

26 - Tuesday

8:45am - Arthritis Water Aerobics
 9:30am - Shop Wal-Mart/Target/Mall
 9:30am - Rosary
 10:00am - Catholic Communion
 10:30am - Tai Chi
 12:30pm - Shop Wal-Mart/Target
 1:30pm - JOY Choir
**7:00pm - Entertainment w/
 The Moolah Shrine Band**

27 - Wednesday**Men's Outing**

9:30am - Gambriell Gardens Quilters
 9:35am - Exercise Class II
 10:00am - Computer Class
 10:30am - Intercessory Prayer
11:00am - Senior Luncheon at Gingham's
 12:30pm - GG Bridge Group
 1:00pm - Gambriell Gardens Quilters
 1:30pm - Wii Wellness Games &
 Brain Fitness Fun

28 - Thursday

8:45am - Arthritis Water Aerobics
 9:45am - Shop Clayton
 10:30am - Bible Study – Chapel 3
1:00pm - Painting Class
 1:00pm - Shop Clayton
 2:15pm - Tai Chi
**6:30pm - St. Louis College of Pharmacy
 Health & Wellness Volunteer
 Program Presentation**

29 - Friday

8:45am - Exercise Class I
 9:35am - Exercise Class II
1:00pm - Ice Cream Outing to Fro Yo's
7:00pm - Video Movie

30 - Saturday

6:30pm - BINGO

31 - Sunday

3:00pm - Sunday School Class